FLIGHT PLAN & SITE SURVEY

JJ PARR (MAIN GYM) KINGSWAY, COLD LAKE

November 12, 2026

IMPORTANT NOTICE

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Mission Information

JJ PARR (MAIN GYM) KINGSWAY, COLD LAKE

FLIGHT DETAILS

Reference No:	**MAAC-708-4768**
Project Name:	**4 WING INDOOR FLYERS**
Pilot Name:	**MAAC**
Pilot Certificate:	
Mission Type:	**VLOS**
Flight Start:	**November 12, 2026 08:01 PM**
Flight End:	**November 12, 2026 09:01 PM**

LOCATION DETAILS

Flight Address:	**JJ PARR (MAIN GYM) KINGSWAY, COLD LAKE**
Latitude:	**54° 24' 52.94" N (54.415)**
Longitude:	**110° 16' 19.52" W (-110.272)**
Field Elevation:	**1772 ft MSL**
Altitude / Radius:	**400.0 ft / 926 m (0.5 nm)**
Classification:	**MIL**
FIR / Contact:	**CZEG / 780-890-8397**

NOTES

Your flight is within 3NM of a military aerodrome.
Please obtain SFOC-RPAS from Transport Canada. (CARs 903.01)

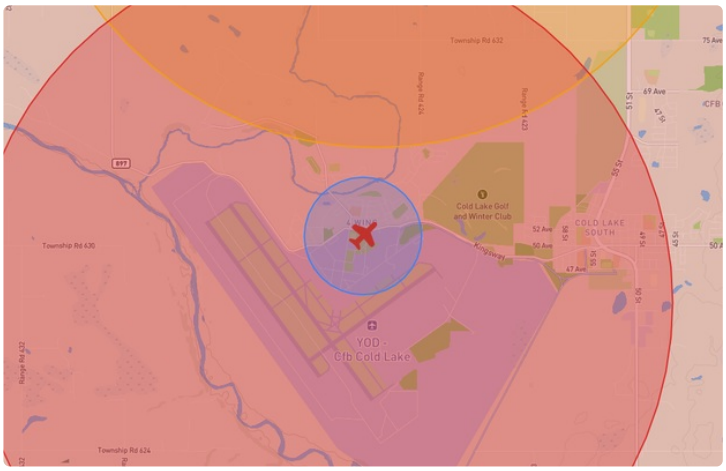
REPORT CONTENTS

Site Survey • Obstacles (if available) • Nearby Aerodromes • Canadian Aviation Regulations • GFA • Aerodrome Supplements • METAR & TAF • NOTAMs • CFS

Flight Map & MODEL Details

MISSION LOCATION SURVEY

FLIGHT AREA MAP



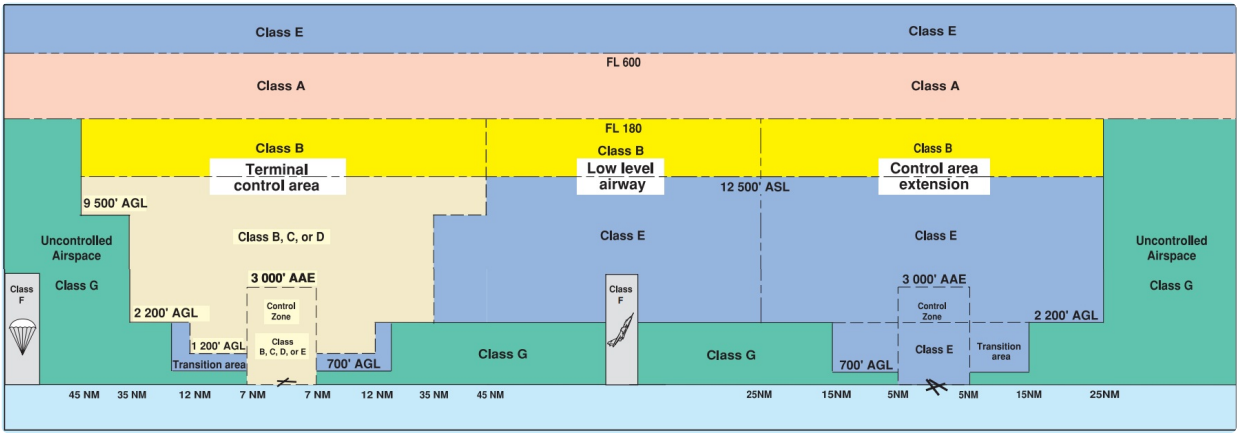
MISSION LOCATION DETAILS

ROLE	LATITUDE	LONGITUDE
MODEL	54° 24' 52.94" N 54.415	110° 16' 19.52" W -110.272
Pilot		
Payload Op.		
Observer		

Airspace Classification

MISSION LOCATION SURVEY

AIRSPACE MAP



OVERLYING AIRSPACES

Class	Name	Floor	Ceiling
D	Cold Lake, AB [CZ]	SFC	8000MSL
E	Cold Lake, AB e) [TCA]	700AGL	18000MSL

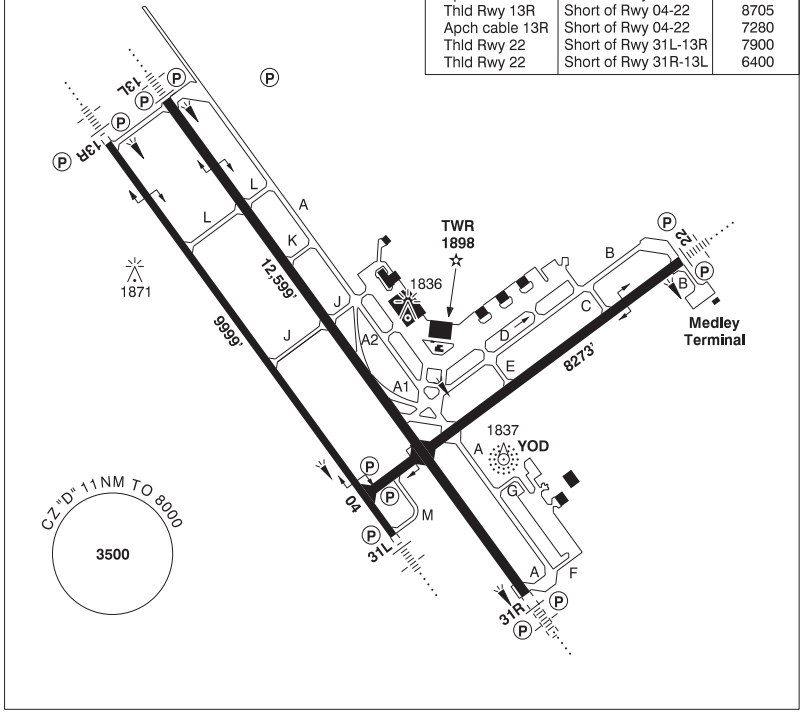
NEAREST AERODROMES & DISTANCE FROM OPERATION

GROUP CAPTAIN R.W. MCNAIR (CYOD - AERODROME - Mil)	Lat: 54.405	Long: -110.282	1.237KM	0.668NM	SW
Operator: DEPARTMENT OF NATIONAL DEFENCE: PHONE: 319-690-8000, PHONE: 319-690-8011 , PHONE: 531-8011, PHONE: 780-840-8000, POST: UNKNOWN **FIR Contact:** 780-890-8397					
COLD LAKE REGIONAL (CEN5 - AERODROME - Reg)	Lat: 54.477	Long: -110.269	6.985KM	3.772NM	N
Operator: CITY OF COLD LAKE: PHONE: 780-594-4494, POST: 5513-48 AVE COLD LAKE, AB T9M 1A1 **FIR Contact:** 780-890-8397					
COLD LAKE HEALTHCARE CENTRE HELIPORT (CCH9 - HELIPORT - Cert)	Lat: 54.468	Long: -110.195	7.737KM	4.178NM	NE
Operator: ALBERTA HEALTH SERVICES: FAX: 780-639-2960 , PHONE: 780-639-3322 , POST: 314 25 Street, Cold Lake, AB T9M 1G6 **FIR Contact:** 780-890-8397					
THREE BEARS LANDING (CTB8 - AERODROME - Reg)	Lat: 54.273	Long: -110.163	17.25KM	9.314NM	SE
Operator: ROBERT A PIONTECK: PHONE: 780-573-4869, POST: UNKNOWN **FIR Contact:** 780-890-8397					

COLD LAKE / GROUP CAPTAIN R.W. McNAIR AB CYOD

ELEV 1775

LDA FOR LAND AND HOLD SHORT OPERATIONS		
FROM	TO	LDA in ft
Thld Rwy 13L	Short of Rwy 04-22	8705
Apch cable 13L	Short of Rwy 04-22	6895
Thld Rwy 13R	Short of Rwy 04-22	8705
Apch cable 13R	Short of Rwy 04-22	7280
Thld Rwy 22	Short of Rwy 31L-13R	7900
Thld Rwy 22	Short of Rwy 31R-13L	6400



REF	N54 24 19 W110 16 56 5.5SW 13°E (2022) UTC-7(6) Elev 1775' A5015 LO1 HI3 CAP
OPR	DND 780-840-8000 NTAS 531-8011 CSN 319-690-8000/8011 Mil PPR
PF	B-1 C-2,3,5,6 D-4
CUST	AOE/M Mil acft and personnel ONLY - Avbl thru Mil Police.
FLT PLN	PPR 24 hr ntc all mil & civ flts ctc 780-840-8000 ext 690-8595, CSN 319-690-8595. Flt Pln Ctr must be notified of arr delays in excess of 1 hr.
FIC	Edmonton 866-WXBRIEF (Toll free within Canada) or 866-541-4102 (Toll free within Canada & USA)
ACC	Edmonton IFR 888-358-7526
WX	METAR H24. TAF H24, issue times: 00, 06, 12 & 18Z (plus 15 and 21Z dur mil flt ops). Met brief for mil only. Lcl Met Section CSN 690-7425/8130. O/T JMC 1-800-WXMETEO (996-3836) or CSN 432-2613. (See COMM)

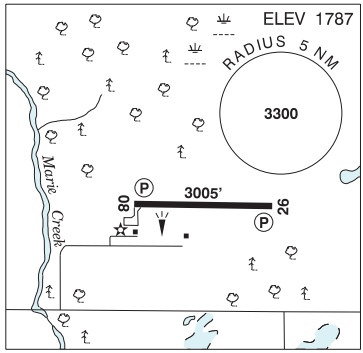
COLD LAKE / GROUP CAPTAIN R.W. McNAIR AB (Cont'd) CYOD

SERVICES	All tran acft require PPR thru 4 Wg Ops 780-840-8000 ext 690-8595. Mil and Civ tran svcg avbl 06-18 hrs lcl Mon-Fri exc hols. O/T by special arng. Prior coord required for hg space with 4 Wg Ops. Access to Medley Terminal after hours is provided through MP Section 780-840-8000 ext 690-8180. Acft start & refuelling with aircrew supervision exc for B412. Ltd Mil Type I D-ice. 90 min PN Info 780-840-8000 ext 690-8595.
FUEL	F-34, SP, HPR
OIL	133, 148, 156
S	1 (ltd),6
ARFF	CAT 5
SUP FL	D-Ice mil use only, Type I only, LHOX, LOX
JASU	CE1, 3, 8, 9, 13, 16, CA 1, CEA1
MIL ADV	Tran acft call Wg Ops 30 min prior to ETA on 340.2
RWY DATA	Rwy 13L(131°)/31R(311°) 12,599x200 ASPH Rwy 13R(131°)/31L(311°) 9999x150 ASPH Rwy 04(041°)/22(221°) 8273x200 ASPH RAG: Rwy 13L BAK 12 Mobile Aircraft Arrest System, B, (1700'); Rwy 13R/31L BAK 12 Smart Arrest System, B, (1360'); Rwy 04 BAK 12 Smart Arrest System, B, (1305'); Rwy 22 BAK 12 Smart Arrest System, B, (1460')
RCR	Opr CRFI Medley Tml ramp wt ltd. S100, T200, ST248, TT325. Rwy 13L/31R PCN 99/F/D/X/T. Rwy 13R/31L PCN 100/R/A/X/T. Rwy 04/22 PCN 77/F/D/X/U.
LIGHTING	04-(TE HI) P2, 13L-AN (non-std 3000´(1600´ SF)) (TE HI) P2 GPI 879´ TCH 46´, 13R-AN (non-std 3000´(1600´ SF)) (TE HI) P2 GPI 850´ TCH 44´, 22-AN (non-std 2200´ (800 SF)) (TE HI) P2 GPI 850´ TCH 44´, 31L-AN (non-std 3000´(1600´ SF)) (TE HI) P2 GPI 850´ TCH 44´ (Wing bar left side only), 31R-AN (non-std 3000´(1600´ SF)) (TE HI) P2 GPI 850´ TCH 44´
COMM	Flight Advisory hrs of operation dates & hrs may vary and will be broadcasted on ATIS.
ATIS	118.25 260.0
CLNC DEL	120.6 230.6
GND	121.9 275.8
TWR	126.2 226.5 236.6 255.7 (E) ltd hrs. O/T Cold Lake advsy 126.2 (E)
TML	124.5 322.8 (E)
ARR	119.4x 120.6x 124.5x 128.2x 134.1x 269.6x 279.8x 294.6x 324.3x 336.0x 350.5x 378.5x (E)
DEP	124.5x 322.8 (U)
MIL	Wg Ops 340.2 Tran svcg 308.7
PMSV	344.6
NAV	
NDB	YOD 398 (L) N54 23 49 W110 16 18 Preventive maint 20-23Z‡ Wed if required
TACAN	UOD 113.5 Ch 82 N54 24 31 W110 17 45 (1806') Preventive maint 01-07Z‡ first and third Fri of each month.
ILS	IOD 109.3 (Rwy 31R) (LOC back course Rwy 13L avail mil use only) RVR. Preventive maint 01-07Z‡ first and third Fri of each month.
PAR	119.4x 120.6x 124.5x 128.2x 134.1x 269.6x 279.8x 294.6x 324.3x 336.0x 350.5x 378.5x (E) 14-06Z‡ Mon-Fri, clsd Sat/Sun & Hol, hrs may vary without notice. PAR preventive maint 01-07Z‡ Wed dur VFR hol altn Thu. PSR & SSR preventive maint 01-07Z‡ Tue dur VFR hol altn Wed.

COLD LAKE / GROUP CAPTAIN R.W. McNAIR AB (Cont'd) CYOD

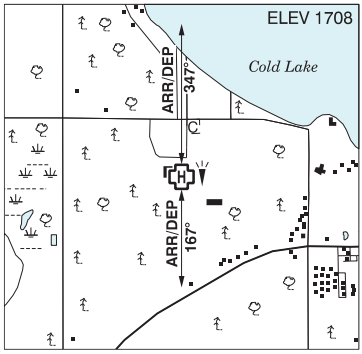
PRO	-Tfc ptns convl 2500 ASL, Jet 3200 ASL -Jet acft in circuit maintain 3200 ASL til commencing base turn. -For straight-in apch (jet acft), maintain 3000 ASL as long as practicable before commencing final descent. -When Rwy 13 in use, remain on or above PAR or PAPI GP to the extent practicable. Consistent with safety of ops, acft should be flown on apch so as to give best possible performance with noise abatement. -In VMC, VFR & IFR acft on dep, overshoot, or missed approach shall not exceed 2500 ASL til dep end of rwy. Noise Abatement Pro: Wkd 0400-1330Z‡,Wknds fr Fri 0400Z‡ to Mon 1330Z‡ & hol All day. Fixed wing jet acft - straight in VFR or IFR recovery only, no overhead breaks (unless prior appr from Wg Ops), rotary wing acft recover via the W, S or SE only.
CAUTION	Model rocket firing at N54 26 43 W110 12 01 (UOD 033/3.5) & N54 19 04 W110 08 20 (UOD 122/7) 1500 AGL ocsl, voice advsy fr twr. Large acft only: twy intxns A1-A & A2-A involve sharp turns of greater than 135 degrees.

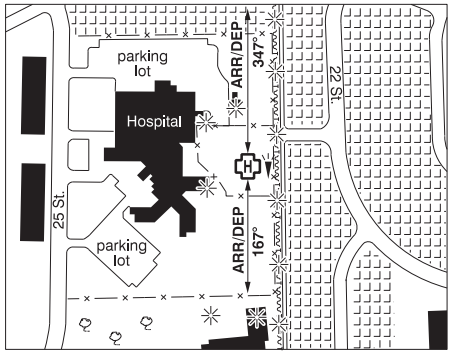
COLD LAKE REGIONAL AB CEN5



REF	N54 28 39 W110 16 09 4W 14°E (2012) UTC-7(6) Elev 1787´ A5015 LO1 CAP
OPR	City of Cold Lake 780-594-4494 Reg
PF	B-1 D-2,3,4,5,6
FLT PLN **FIC** **ACC**	 Edmonton 866-WXBRIEF (Toll free within Canada) or 866-541-4102 (Toll free within Canada & USA) Edmonton IFR 888-358-7526
SERVICES **FUEL** **S**	 100LL, JA1 Self-serve Visa/Mastercard ctc 780-594-4496 1,4,5,6
RWY DATA **RCR**	Rwy 08(076°)/26(256°) 3005x75 ASPH AGN II Opr Ltd win maint.
LIGHTING	08-(TE ME) P1, 26-(TE ME) P1 ARCAL-122.8 type K
COMM **TWR** **ATF**	 Cold Lake 126.2 (E) tfc 122.8 in circuit & civil flying area 2900 ASL. (see PRO)
PRO	Ctc Cold Lake/Group Captain R.W. McNair Twr prior to 11NM on arr & after tkof on dep. Rgt hand circuits Rwy 26 (CAR 602.96). Circuits 2500 ASL. Arr/Dep E, N & W alts & hdgs depicted on Cold Lake/Group Captain R.W. McNair VTPC. Civil flying area depicted on Cold Lake/Group Captain R.W. McNair VTPC. **IFR Arrivals** 1. Broadcast a "down" call on the gnd on 128.2. 2. In IFR cond(s), expect possible apch clearance delays due to mil tfc.
CAUTION	Pilots use vigilence - High speed Jet tfc in MTCA.

COLD LAKE HEALTHCARE CENTRE HELIPORT AB (Heli) CCH9





REF	N54 28 06 W110 11 44 Adj W 13°E (2016) UTC-7(6) Elev 1708' A5015
OPR	Alberta Health Services 780-639-3322 Fax 780-639-2960 Cert NVIS OPS AUTH PPR
PF	B-1,2,4 C-3,5 D-6,7,8
FLT PLN	
FIC	Edmonton 866-WXBRIEF (Toll free within Canada) or 866-541-4102 (Toll free within Canada & USA)
ACC	Edmonton IFR 888-358-7526
HELI DATA	FATO/TLOF 86' dia CONC Safety Area 115' dia Max heli overall length 57.4' (CAR 602.96)
RCR	Opr
LIGHTING	RW (ME) yellow LED ARCAL-123.5 type J
COMM	
TWR	Cold Lake 126.2 (E)
ATF	tfc 122.8 in civil flying area 2900 ASL (see PRO)
PRO	Arr/dep 167° & 347° fr heli, slope 16% (H2) (CAR 602.96). For civil flying area depiction and VFR arrivals - see Cold Lake/Group Captain R.W. McNair VTPC
CAUTION	Lgtd oxygen tank NW of heli. Lgtd shed N of heli. Lgtd & marked P-lines E of arr/dep. Lgtd large housing S of heli.

COLD LAKE / THREE BEARS LANDING AB CTB8

REF	N54 16 24 W110 09 45 11.5SSE 12°E (2019) UTC-7(6) Elev 1841' A5015
OPR	Robert A. Pionteck 780-573-4869 Reg PPR
FLT PLN	
FIC	Edmonton 866-WXBRIEF (Toll free within Canada) or 866-541-4102 (Toll free within Canada & USA)
ACC	Edmonton IFR 888-358-7526
RWY DATA	Rwy 09(088°)/27(268°) 1809x45 GRASS
RCR	Opr Ltd win maint.
COMM	
TWR	Cold Lake 126.2 (E)
ATF	tfc 123.2 in circuit (see PRO)
PRO	Ctc Cold Lake/Group Captain R.W. McNair Twr prior to 11NM on arr and after tkof on dep. Use ATF before tkof and in circuit. Rgt hand circuits Rwy 09 (CAR 602.96). Circuit hgt 2500 ASL. For civil flying area depiction and VFR arrivals - see Cold Lake/Group Captain R.W. McNair VTPC.
CAUTION	Pilots use vigilance - numerous jet acft oprg all alts. Wildlife in vic of rwy.

